

Bircher Müsli Økologisk

Vores Bircher Müsli er en fiberrig basis til dit morgenmad: [havregryn](#), [frø](#), knækkede [ristede boghvede](#) og [hasselnøddestykker](#). Nyddet det med yoghurt, mælk eller en [plantebaseret alternativ](#). For en autentisk oplevelse kan du tilføje en frisk rivet æble og en smule citronsaft.

[Produkt](#)

Nutritional values

Unprepared per 100 g

Calorific value kj	1763 kj
Calorific value kcal	421 kcal
Fat	16.9 g
Of which saturated fatty acids	1.8 g
Carbohydrates	48 g
Of which sugar	1.3 g
Fibers	10.6 g
Protein	14 g
Salt	0.007 g

Allergens

Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Gluten-containing cereal	No

Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Chicken egg	No
Peanuts	No
Milk	No
Celery	No
Sesame seeds	No
Lupines	No
Crustaceans	No
Fish	No
Soy	No
Nuts	Yes
Nuts	No
Nuts	Yes
Nuts	No
Nuts	Yes
Nuts	No
Nuts	Yes
Nuts	No
Nuts	Yes
Nuts	No
Nuts	Yes
Mustard	No
Horst Bode Import-Export GmbH Momsnummer: DE154233667 Sulfur dioxide and sulphite	No

Molluscs	No
Cashews	No
Spelt	No
Barley	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Hybrid Strains	No
Kamut	No
Macadamia	No
Almonds	No
Brazil Nuts	No
Pecans	No
Pistachios	No
Rye	No
Hazelnuts	Yes
Horst Bode Import-Export GmbH Mohnstr. 11 40764 Meerbusch Germany Hornstr. 11 40764 Meerbusch Germany Mohnstr. 11 40764 Meerbusch Germany	No

Hazelnuts	Yes
Hazelnuts	No
Hazelnuts	Yes
Hazelnuts	No
Hazelnuts	Yes
Hazelnuts	No
Hazelnuts	Yes
Hazelnuts	No
Hazelnuts	Yes
Sesame	No
Walnuts	No
Wheat	No