

Quinoa Porridge Bær & Jordmandler Økologisk

Porridgen med den frugtige-søde smag og fordelene fra quinoa, havre og jordmandler er en frisk kick om morgenen til en farverig start på dagen.

[Produkt](#)

Nutritional values

Unprepared per 100 g

Calorific value kj	1505 kj
Calorific value kj	1503 kj
Calorific value kj	1510 kj
Calorific value kcal	360 kcal
Calorific value kcal	359 kcal
Calorific value kcal	361 kcal
Fat	6.2 g
Fat	6.4 g
Of which saturated fatty acids	1 g
Carbohydrates	59.7 g
Carbohydrates	59.6 g
Carbohydrates	59.5 g
Carbohydrates	58.9 g
Of which sugar	10.1 g
Of which sugar	10.2 g
Of which sugar	9.3 g
Fibers	9.8 g
Fibers	9.7 g
Fibers	10.6 g
Protein	11.4 g
Protein	11.5 g
Protein	11.6 g

Horst Bode Import-Export GmbH

Momsnummer: DE154233667

Salt	0.009 g
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Salt	0.01 g
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Allergens

Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Gluten-containing cereal	No
Gluten-containing cereal	Yes
Chicken egg	No
Peanuts	No
Milk	No
Celery	No
Sesame seeds	No
Lupines	No
Crustaceans	No
Fish	No
Soy	No
Nuts	No
Mustard	No
Sulfur dioxide and sulphite	No
Molluscs	No
Cashews	No

Spelt	No
Barley	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Oat	No
Oat	Yes
Hybrid Strains	No
Kamut	No
Macadamia	No
Almonds	No
Brazil Nuts	No
Pecans	No
Pistachios	No
Rye	No
Hazelnuts	No
Sesame	No
Walnuts	No
Wheat	No