

Crunchy Frugt (Havre) Økologisk

[Knusprigt bagt havre-crunchy](#) med 27 % bunt blandede tørrede frugter, rige på kostfiber. Nydes i mælk, yoghurt eller en [plantebaseret alternative](#) til morgenmad eller som et energiskud imellem, også lækker med fersk frugt.

Produkt

Nutritional values

Unprepared per 100 g

Calorific value kj	1678 kj
Calorific value kj	1679 kj
Calorific value kcal	401 kcal
Fat	12 g
Fat	12.1 g
Of which saturated fatty acids	8.1 g
Carbohydrates	61.9 g
Carbohydrates	61.8 g
Carbohydrates	61.3 g
Of which sugar	27.3 g
Of which sugar	27.1 g
Fibers	7.7 g
Fibers	7.9 g
Fibers	8.2 g
Protein	7.5 g
Protein	7.7 g
Salt	0.059 g
Salt	0.06 g
Salt	0.138 g

Horst Bode Import-Export GmbH
Momsnummer: DE154233667

Allergens

Gluten-containing cereal	Yes
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Gluten-containing cereal	Yes
Chicken egg	No
Peanuts	No
Milk	No
Celery	No
Sesame seeds	No
Lupines	No
Crustaceans	No
Fish	No
Soy	No
Nuts	No
Mustard	No
Sulfur dioxide and sulphite	No

Oat	No
Oat	Yes
Hybrid Strains	No
Kamut	No
Macadamia	No
Almonds	No
Brazil Nuts	No
Pecans	No
Pistachios	No
Rye	No
Hazelnuts	No
Sesame	No
Walnuts	No
Wheat	No