

# Økologiske mørke, stenløse oliven i saltlake, fyldmængde 5,5 kg, ATG 3,0 kg

Græske Kalamon (Kalamata-) oliven, mørke og stenløse, i saltlake. En økologisk forfriskning til din madlavning.

[Produkt](#)

## Nutritional values

### Unprepared per 100 g

|                                |          |
|--------------------------------|----------|
| Calorific value kj             | 1006 kj  |
| Calorific value kj             | 505 kj   |
| Calorific value kcal           | 240 kcal |
| Calorific value kcal           | 121 kcal |
| Fat                            | 24 g     |
| Fat                            | 11.4 g   |
| Of which saturated fatty acids | 2.9 g    |
| Of which saturated fatty acids | 1.8 g    |
| Carbohydrates                  | 4.5 g    |
| Carbohydrates                  | 3.1 g    |
| Of which sugar                 | 1.4 g    |
| Of which sugar                 | 1.3 g    |
| Protein                        | 1.6 g    |
| Protein                        | 1.4 g    |
| Salt                           | 4.85 g   |
| Salt                           | 6.67 g   |

## Allergens

|                                                          |                             |
|----------------------------------------------------------|-----------------------------|
| Horst Bode Import-Export GmbH<br>Momsnummer: DE154233667 | No gluten-containing cereal |
|----------------------------------------------------------|-----------------------------|

|                                                                |    |
|----------------------------------------------------------------|----|
| Chicken egg                                                    | No |
| Peanuts                                                        | No |
| Milk                                                           | No |
| Celery                                                         | No |
| Sesame seeds                                                   | No |
| Lupines                                                        | No |
| Crustaceans                                                    | No |
| Fish                                                           | No |
| Soy                                                            | No |
| Nuts                                                           | No |
| Mustard                                                        | No |
| Sulfur dioxide and sulphite                                    | No |
| Molluscs                                                       | No |
| Cashews                                                        | No |
| Spelt                                                          | No |
| Barley                                                         | No |
| Oat                                                            | No |
| Hybrid Strains                                                 | No |
| Kamut                                                          | No |
| Macadamia                                                      | No |
| Almonds                                                        | No |
| Brazil Nuts                                                    | No |
| Pecans                                                         | No |
| Pistachios                                                     | No |
| Horst Bode Import-Export GmbH<br>Rye<br>Mohnummer: DE154233667 | No |

|           |    |
|-----------|----|
| Hazelnuts | No |
| Sesame    | No |
| Walnuts   | No |
| Wheat     | No |