

# Økologisk krydret ristet soja

Den krydrede soja snack med tamari-smag til mellem mål. En lille, proteinrig snack lavet af fedtfri ristede sojabønner afrundet af en fjernøstlig note fra glutenfri sojasovs. Den østrigske knasp snack med bid og fin nøddeagtig note.

[Produkt](#)

## Nutritional values

Unprepared per 100 g

|                                |          |
|--------------------------------|----------|
| Calorific value kj             | 1791 kj  |
| Calorific value kcal           | 428 kcal |
| Fat                            | 22 g     |
| Of which saturated fatty acids | 3.5 g    |
| Carbohydrates                  | 10 g     |
| Of which sugar                 | 4.2 g    |
| Fibers                         | 15 g     |
| Protein                        | 40 g     |
| Salt                           | 4.8 g    |

## Allergens

|                          |    |
|--------------------------|----|
| Gluten-containing cereal | No |
| Chicken egg              | No |
| Peanuts                  | No |
| Milk                     | No |
| Celery                   | No |
| Sesame seeds             | No |
| Lupines                  | No |
| Crustaceans              | No |

|                             |     |
|-----------------------------|-----|
| Fish                        | No  |
| Soy                         | Yes |
| Nuts                        | No  |
| Mustard                     | No  |
| Sulfur dioxide and sulphite | No  |
| Molluscs                    | No  |
| Cashews                     | No  |
| Spelt                       | No  |
| Barley                      | No  |
| Oat                         | No  |
| Hybrid Strains              | No  |
| Kamut                       | No  |
| Macadamia                   | No  |
| Almonds                     | No  |
| Brazil Nuts                 | No  |
| Pecans                      | No  |
| Pistachios                  | No  |
| Rye                         | No  |
| Hazelnuts                   | No  |
| Sesame                      | No  |
| Walnuts                     | No  |
| Wheat                       | No  |