

Økologisk rugmel Type 1150

Vor økologiske rugmel Type 1150 er perfekt til mørke, kostfiberrige brød og boller. Det giver en rig og lækker smag.

[Produkt](#)

Nutritional values

Unprepared per 100 g

Calorific value kj	1390 kj
Calorific value kcal	332 kcal
Fat	1.3 g
Of which saturated fatty acids	0.2 g
Carbohydrates	67.8 g
Of which sugar	1 g
Fibers	8 g
Protein	8.3 g

Allergens

Gluten-containing cereal	Yes
Chicken egg	No
Peanuts	No
Milk	No
Celery	No
Sesame seeds	No
Lupines	No
Crustaceans	No
Fish	No
Soy	No

Horst Bode Import-Export GmbH
Momsnummer: DE154233667

Nuts	No
Mustard	No
Sulfur dioxide and sulphite	No
Molluscs	No
Cashews	No
Spelt	No
Barley	No
Oat	No
Hybrid Strains	No
Kamut	No
Macadamia	No
Almonds	No
Brazil Nuts	No
Pecans	No
Pistachios	No
Rye	Yes
Hazelnuts	No
Sesame	No
Walnuts	No
Wheat	No